

July 6, 2022

Letter of Recommendation

To whom it may concern,

I am writing this letter of recommendation for Peggy Lytle of Peggy Lytle Coaching. I have had the pleasure of working closely with her in the past few months as I launched an employee wellness program at SummerBio. She has been instrumental in providing our employees with information on fitness, nutrition, brain health and lifestyle habits via onsite speaking engagements. Peggy is very knowledgeable and an expert in these realms of wellness. She is able to relay the advice in terms that are understood by all without any generational or personal bias. I would definitely reach out to Peggy again when the need arises at SummerBio or at any of my future endeavors.

I highly recommend Peggy Lytle to anyone considering services that are related to health and wellness as she is truly proficient and professional. Please do not hesitate to contact me should you have any questions.

Sincerely,

Kiran Judge

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